

**Upcoming dates...**

**Thursday 19th December**  
Last day of Term Four - 1.30pm finish

**Thursday 30th January, 2025**  
First day of Term One

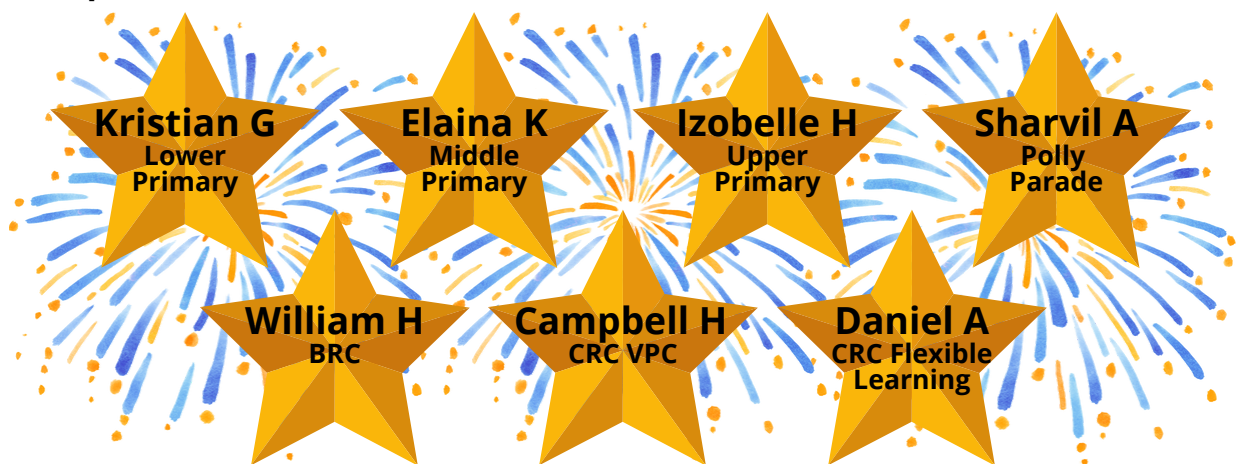
# Principal's Newsletter

Term 4 | 19th December 2024 | Week 11

## School Assembly

We had another very successful virtual assembly at the end of term 3 with all classes and many families joining us when the assembly went live. Congratulations to the following students who were presented with awards:

## Principal's Awards



## SWPBS Awards



## Specialist Awards





# Principal's Newsletter and Curriculum update

Dear Families,

With Ashwini away this week I have the great pleasure of writing to you in this last newsletter of the year. And what a fantastic year it has been! 2024 has seen students winning national and state awards for All Abilities Film festival, the Wakakirri National Story and Dance festival, the Victorian parliament member statement as well as the Vic Health anti-vaping challenge. Not only are we extremely proud of these students we have been blown away by all of students and their achievements this year. Thinking back to the first day of the year as students entered the school gates ready to get to know their new teacher and classmates, I am so proud of the ways in which students built relationships and improved their social skills.

It was also incredible to see the hard work and perseverance that students put into improving their Literacy and Numeracy skills. By making use of materials and connecting students' work to the world around them meant that students were able to make fantastic learning progress in maths. Each day students used opportunities to practice and improve their numeracy skills both in the classroom, around the school and out in the community. Through participating in a number of literacy activities such as predictable chart writing, morning message, shared reading and writers workshop, students have practiced and built on their literacy skills.

In specialist classes students enjoyed playing sports in PE, dancing and performing in Performing Arts, undertaking experiments in STEAM as well as expressing their creativity in Visual Arts. The Specialist Team also ran a host of special events throughout the year, celebrating Harmony Day, Science Week, International of Persons with a Disability and Education Week.

This week students have ended the year with a fantastic Wellbeing Week celebration. The Wellbeing and Specialist Teams planned and ran such engaging activities. The students absolutely loved having their faces painted, watching Nicholas the Ridiculous the magician, playing with bubbles that the bubble man created as well as watching the balloon man make amazing things. With Specialist running drumming, science, performing and visual arts sessions too it has been a lovely way to end the year!

On behalf of the Leadership Team I would like to extend an huge thank you to all members of our school community; students, staff and parents for all the ways in which you have supported our vision of providing excellent education for every student.

**Kelly Botha**  
Assistant Principal





# Wellbeing update and School Wide Positive Behaviour Supports (SWPBS)

What an incredible year we have had as a wellbeing team. I want to personally say thank you to all the families that have engaged with any members of the wellbeing team across the year. We have a really diverse team who love working in our school and seeing the difference made with students on a daily basis. We are all so honoured to be part of your child's journey through school. We wish you all a very happy and healthy festive period and look forward to seeing you all in 2025.

## Support over the holidays

We know that school holidays can provide a variety of extra challenges for all families. There are lots of services that can provide support if needed, here are some key resources, but please see the flier attached for more information.

- **Kids Helpline:** 1800 551 800 [www.kidshelpline.com.au](http://www.kidshelpline.com.au)
- **Parentline:** counselling and support for parents and carers, 13 22 89 [services.dffh.vic.gov.au/parentline](http://services.dffh.vic.gov.au/parentline)
- **Lifeline:** 13 11 14 [www.lifeline.org.au](http://www.lifeline.org.au)
- **Beyond Blue:** 1300 224 636 [www.beyondblue.org.au](http://www.beyondblue.org.au)
- **Head to Help:** 1800 595 212 [www.headtohelp.org.au](http://www.headtohelp.org.au)

## School wellbeing dog

We are still planning for Puzzle to join the Allied Health team in 2025, please don't forget to fill in the quick google form via this [link](#) – this is to help us plan for allergies and any fear of dogs. Thank you to those families that have already completed the survey.

## Student Representative Council

The SRCs at each campus have had the most incredible year, supporting ideas and being able to get the voice of the students heard. The work of these four teams has positively influenced our practice over the year and we are looking forward to being able to have an even deeper impact through student voice and agency.



As we thank our 2024 teams for all their hard work and dedication, it is also time to welcome the new SRC team for 2025. Well done to all those elected. The Polly Parade team will be selected in the new year.

Elected in to the new SRC for 2025 are the following students:

### WCC:

Gaze Captain: Jacob C  
 Gaze SRC rep: Raven P  
 SRC Rep: Dah Kue W  
 Thorpe Captain: Scarlett F  
 Freeman Captain: Hiroki L  
 Freeman SRC rep: Mosiyah I-T  
 Savage Captain: Arman F  
 Savage SRC rep: Diya S

### BRC:

Campus Captains: Seth S & Ritwick B  
 Y8: Vice-Captain: Rory M & William G  
 Y7: Xander E & Mia B

### CRC:

School Captain VPC: Bayli P-B  
 School Captain flexible: Stanley Z  
 Vice-Captain VPC: Oliver P-M  
 Vice-Captain flexible: Aditya P  
 Year 10 VPC: Jack H & Kalani D  
 Year 10 flexible: Shallotte LP  
 Year 9: Sesilia LP  
 Year 8: Hanif S  
 Koorie captain: Logan M

*Lindsey Delooze*

Assistant Principal



# Specialist update

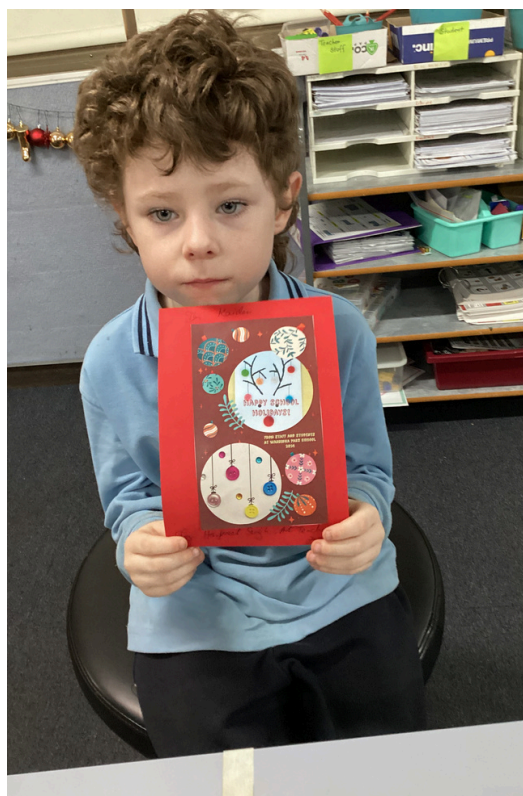
2024 has been an amazing year for the Specialist Program. From the Harmony day celebrations in Term 1 and the Focus on STEAM education week activities in Term 2, to the outstanding sporting superstars that participated in the Warringa Olympics in Term 3 and the beautiful artworks displayed and auctioned at the Cayleys Night Market and the Whole School End of Year Celebration Evening in the Term 4. We are very proud to have launched Warringa Connect, our student lead YouTube TV show, exploring school news and supporting student learning. We have also had the privilege of participating in Media and Performing Arts festivals such as the Dream Big Youth Music Festival, The Focus on Ability Film Festival, where we won the Nova Employment Choice Award, and Wakakirri, the national story dance festival, where we won the National Award, Highly Commended.

As we approach the end of the year, I would like to extend an invitation to attend our end of year assembly which will be held at the Warringa Crescent Hall on Thursday 19th December at 10am (please arrive by 9.45am to be seated) where we will enjoy video and live performances, present awards for outstanding effort and learning, and celebrate the end of year!

See you there!

## *The Specialist team*

Brian, Dion, PK, Robyn, Gavin, Tanya, Sheila, Pramesh, Halid, Joan, Ethan, Bryce, Tom, Andrew, Harpreet, Ellie, Aris, Filiz and Greg





# Dates for the diary

## Term Four

7th October - 19th December

Thursday 19th December

Last day of Term Four - 1.30pm finish

## Term One

30th January - 4th April

Thursday 30th January

First Day of Term One



## State School Relief

Warringa Park School are partnered with State School Relief to support families experiencing financial disadvantage with school uniform and essential resources. Applications are considered for school uniform shop vouchers and/ or direct supplies from the SSR store. Please see fact sheet

<https://stateschoolsrelief.org.au/wp-content/uploads/2022/12/SSR-Voucher-FAQs-sheet.pdf> for more information.

If you have a current concession card and/ or are requiring support with school uniform, please contact us on 9749 5774 or email

[Shenol.Ross@education.vic.gov.au](mailto:Shenol.Ross@education.vic.gov.au) to apply.

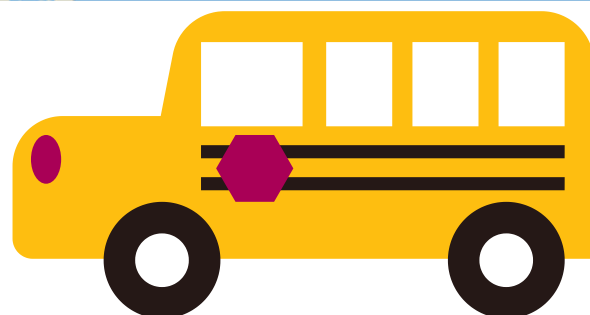
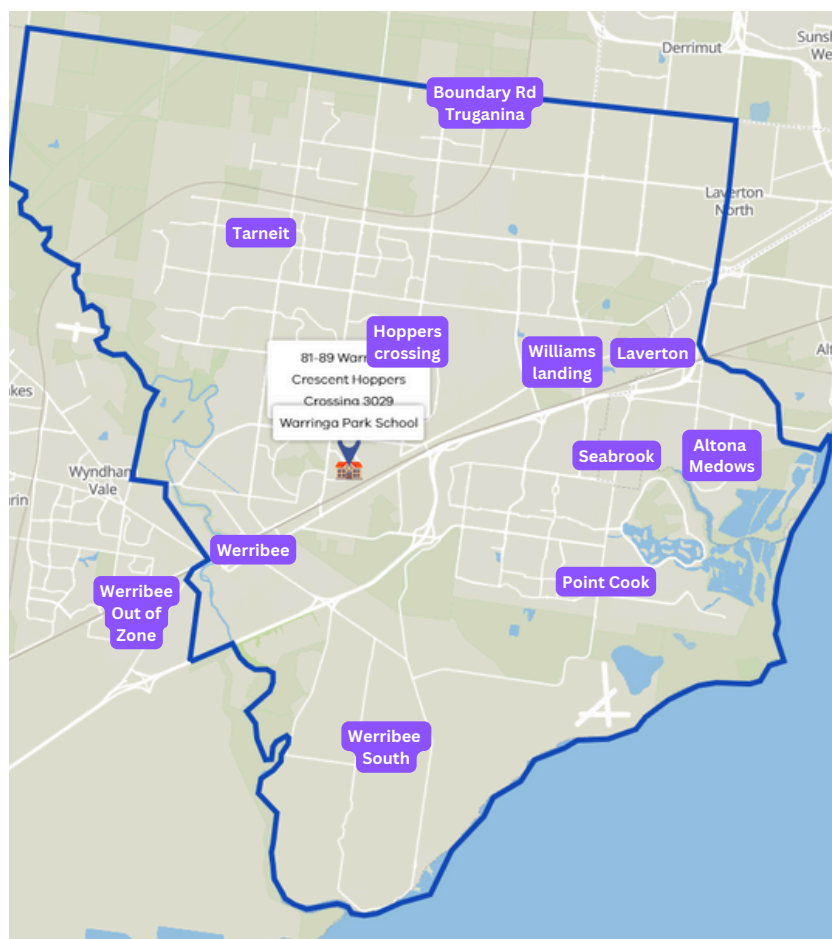
## Important Information - Bus Transportation - Moving Houses

As our transport zone has been updated in 2024, we want to ensure you're aware of how any future address changes might impact bus access for your child.

Here's what you need to know:

- We've attached a map of Warringa Park's new designated transport zone (DTA).
- If you're planning to move, please use the [link](#) provided to check if your new address will fall within our updated transport zone.
- Important: Changing your address may affect your child's eligibility for bus access. However, if your child is currently using the bus service, there will be no changes to their arrangements.

For any questions or assistance, please contact Wendy Harrison at [transport@warringapark.vic.edu.au](mailto:transport@warringapark.vic.edu.au).





# Local Summer School Holiday Programs



Warringa Park School TheirCare Holiday Program  
Time: 9.00-5.00pm  
Age Groups: Primary Years  
81-85 Warringa Cres, Hoppers Crossing  
0499 530 034

[Website](#)  
[Program](#)



Gateways Support Services Recreation, Camps & Activities  
Time: Varied dependent on activity  
Age Groups: 7-11 years, 12-17 years & 16-20s.  
Werribee, Footscray, North Geelong  
5221 2954

[Website](#)  
If you need help with your choices, you can contact:  
[RecreationWM@gateways.com.au](mailto:RecreationWM@gateways.com.au)  
[Camps@gateways.com.au](mailto:Camps@gateways.com.au)



Yooralla Holiday Program  
Time: 9:30am-4:30pm  
Age Groups: 6-12 & 13-17 years  
St Albans or Laverton  
1800 966 725

[Website](#)  
[yooralconnect@yooral.com.au](mailto:yooralconnect@yooral.com.au)



Felicity Holistic Care Superheroes School Holiday Program  
Time: 10am-4pm  
Age Groups: 6-12 & 13-17 years  
Wyndham Park Community Centre, 55-57 Kookaburra Avenue, Werribee.  
0493 689 167

[Website](#)  
[programs@felicitycare.com.au](mailto:programs@felicitycare.com.au)



The Grange Community Centre School Holiday Program  
Time: 6.45am-6.30pm  
Age Groups: Primary Years  
260-280 Hogans Rd, Hoppers Crossing.  
8742 8000

[Website](#)  
[How to enrol](#)  
[enquiries@grangecommunity.org.au](mailto:enquiries@grangecommunity.org.au)



YMCA Truganina South Primary School Holiday Program  
Time: 6.30am-6.30pm  
Age Groups: Primary Years  
51-71 Federation Boulevard, Truganina South.  
0438 938 327

[Website](#)  
[truganinaoshc@ymca.org.au](mailto:truganinaoshc@ymca.org.au)



Optimum Support Services  
Time: Varied/Day excursions  
Age Groups: 13-17 years  
Werribee.  
0432 604 873

[Website](#)  
[info@optimumservices.com.au](mailto:info@optimumservices.com.au)



Wyndham City Council Weekly Activities  
Time: Varied dependent on activity  
Age Groups: 5-10, 10-16 and 16-25  
Manor Lakes, Werribee, Hoppers Crossing, Point Cook, Tarneit.

[All abilities basketball](#)  
[Karate](#)  
[Youth services](#)

# Wyndham Local Foodbanks



<b>Manor Lakes</b> (Open to all)	<b>Tarneit</b> (Open to all)	<b>Hoppers crossing</b> (Young people 12 -25 years)	<b>Werribee</b> (Open to all)
<b>Where:</b> Manor Lakes Community Learning Centre, 86-100 Manor Lakes Blvd, Wyndham Vale	<b>Where:</b> Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit	<b>Where:</b> Youth Resource Centre 86 Derrimut Rd, Hoppers Crossing	<b>Where:</b> Wyndham Park Community Centre 55/57 Kookaburra Avenue, Werribee
<b>When:</b> Wednesday 9.00am - 11.30am	<b>When:</b> Tuesday 10.30am-12pm	<b>When:</b> Monday to Friday 9am to 5pm	<b>When:</b> Thursday 9:30am – 12pm
Ph: 8734 8934	Ph: 03 8734 4500	Ph: 03 8734 1355	Ph: 03 8742 3975





# Holiday Support Services

Warringa Park School are dedicated to the wellbeing of our school community.

We understand that holiday periods, while although enjoyable, can be challenging at times for families. We would like to share this resource list to help connect you to supports during school closure periods.

## SERVICE DIRECTORIES

[Ask Izzy](#)  
[Department of Social Services](#)  
[Disability Information Hotline](#) 1800 643 787

## BEHAVIOUR SUPPORT

[Carer Advisory Line](#) 1800 514 845  
[Child First parent assistance](#) 1800 271 045  
[Parentline phone support](#) 1300 301 300

## RESPIRE

[Gateway Emergency Respite](#) 1800 422 737  
[Wyndham Home Support](#) (03) 8734 4514  
[NDIS Respite](#) 1800 800 110

## PARENT GROUPS

[Mackillop Family Services](#) (03) 9680 8444  
[Gateways Parent Support](#) (03) 5221 2984  
[Tweedle MyTime Support](#) (03) 9689 1577

## COUNSELLING

[Lifeline](#) 131114  
[Beyond Blue](#) 1300 224 636  
[Carer Gateway](#) 1800 422 737

## FAMILY VIOLENCE

[1800RESPECT](#) 1800 737 732  
[Orange Door](#) 1800 271 045  
[Safe Steps](#) 1800 015 188

## FINANCIAL ASSISTANCE

[Financial Crisis and Material Aid](#)  
[Personal Hardship](#) 1800 226 226  
[NDIS, Carer Card and Companion Card](#)

## NEXT TERM READY

[Term Dates and School Uniform](#)  
[How to use Compass](#)  
[How to use Seesaw](#)



# For parents and carers

## Wellbeing support for students during the school holidays

This guide provides tips and resources for parents, carers and families to support the mental health and wellbeing of children and young people in their care during the school holidays. This includes services to reach out to if more support is needed.

### Actions that support positive mental health

Encourage your young person to:

- Exercise and eat healthily to boost their mood
- Prioritise sleep to support mental and emotional wellbeing
- Explore relaxation techniques and coping strategies
- Stay in touch and catch up with friends and loved ones
- Make time to do things they enjoy
- Practice positive self-talk, and remind them they are not alone
- Seek professional help if needed.<sup>1</sup>

The Department have developed wellbeing activities and conversation starters for parents and carers of [primary school-aged children](#) and [secondary school-aged children](#).

**Feeling it:** [mindfulness resources and activities for senior secondary students](#). Smiling Mind gives tips on self-care, understanding and managing emotions, being mindful, being kind to yourself, navigating uncertainty and preparing for change.

### Signs a child or young person may need mental health support

In some cases, these actions will not be enough to support positive mental health.

Keep an eye out and seek professional help for changes that last two or more weeks such as:

- Loss of interest or involvement in activities normally enjoyed
- Feeling 'low', unusually stressed or worried
- Ordinary things get harder
- Being easily irritated or angry
- Taking more dangerous risks, like using alcohol or drugs
- Withdrawal or feeling overwhelmed
- Difficulties with concentration and motivation
- Having a lot of negative thoughts
- Changing in sleeping and eating.<sup>2,3</sup>



1 headspace – a parents guide to school issues and stress <https://headspace.org.au/friends-and-family/parents-guide-tips-for-managing-stress-and-problems-at-school/>  
2 headspace 'mental health and you' poster <https://headspace.org.au/assets/Uploads/Mental-Health-Posters-mgp.pdf>  
3 headspace – how to talk to your children about mental health <https://headspace.org.au/dads/>

## Young people supporting each other

Young people are **most likely to turn to each other for support** before seeking out an adult or service provider.

Young people can support each other by:

- contacting 000 if a friend needs urgent assistance or is at risk of harming themselves or others
- reaching out to a friend, offering support and letting them know you care
- letting their friend know they may need to tell a trusted adult about their concerns.

Having these types of conversations can be difficult for young people. Information for young people on how to support a friend is available on the headspace website: [How to help a friend going through a tough time](#)

## Mental health support

- **Your local GP**
- **headspace Counselling:** Victorian Government secondary school students, including those who have just finished schooling, can access counselling services from headspace. During the holidays, students can self-refer by calling their [local headspace centre](#).
- **ehheadspace:** 1800 650 890 [www.headspace.org.au/ehheadspace](http://www.headspace.org.au/ehheadspace)
- **Kids Helpline:** 1800 551 800 [www.kidshelpline.com.au](http://www.kidshelpline.com.au)
- **Parentline:** counselling and support for parents and carers, 13 22 89 [services.dffh.vic.gov.au/parentline](http://services.dffh.vic.gov.au/parentline)
- **Lifeline:** 13 11 14 [www.lifeline.org.au](http://www.lifeline.org.au)
- **Beyond Blue:** 1300 224 636 [www.beyondblue.org.au](http://www.beyondblue.org.au)
- **Head to Help:** 1800 595 212 [www.headtohelp.org.au](http://www.headtohelp.org.au)
- **Suicide Call Back Service:** 1300 659 467 [www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au)
- [Family violence information and support services](#)
- **Contacting 000** for urgent assistance

## Family violence support and resources

- **Safe Steps:** 1800 015 188 [www.safesteps.org.au](http://www.safesteps.org.au)
- **1800RESPECT:** 1800 737 732 [www.1800respect.org.au](http://www.1800respect.org.au)
- **What's okay at home:** [www.woah.org.au](http://www.woah.org.au)
- [Family violence support](#)

## Self-harm and suicide prevention resources

- [Getting a mental health care plan](#) (ReachOut)
- [What you need to know about self-harm](#) (headspace)
- [How to help when someone is suicidal](#) (SANE Australia)

## Mental health resources

- **Mental Health Toolkit:** contains resources for students, parents and carers to support the mental health and wellbeing of children and young people in their care including:
  - [Raising Learners Podcast Series:](#) providing expert advice/information to parents/carers on topics including how to keep your child safe online
  - [Understanding mental health – fact sheet](#) (Orygen)
  - [Learn how to handle tough times](#) (headspace)
  - [Get into life \(to keep your headspace healthy\)](#) (headspace)
- [Supporting your young person during the holidays](#) (headspace)